



## INVESTIGATIONS AND TREATMENTS AVAILABLE

### Assessments and investigations

- Fertility check-up for couples
- Andrological check-up
- Genetic counselling and assessment
- Miscarriage assessment
- Ultrasound and radiological investigations

### Treatments

- Endoscopic surgery
- Ovarian stimulation
- Identifying the fertile period during the woman's cycle
- Intrauterine insemination with the partner's sperm (AIH)
- Intrauterine insemination with donor sperm (AID)
- In vitro fertilization and embryo transfer (IVF)
- Intra-cytoplasmic sperm injection (ICSI)
- Surgical extraction of testicular sperm (TESE)

### Specific biological techniques

- Selection of spermatozoa by high magnification microscopy (IMSI)
- Laser-operated assisted hatching or thinning of the zona pellucida
- Long term culture of embryos (blastocysts)
- Cryopreservation of gametes (spermatozoa and oocytes)
- Cryopreservation of zygotes (impregnated oocytes)

- Vitrification (oocytes and zygotes)
- In vivo fertilization in an intrauterine microenvironment

### Specialist consultations

- Consultations for gynecological endocrinology
- Counselling for couples or individuals
- Psychotherapy
- Consultations for infectious diseases in the context of procreation
- Dietician consultations
- Urological consultations
- Consultations for sexology and sexotherapy
- Investigations and treatments for sexual dysfunction in men
- Consultations for age-related androgenic deficits (aging male)



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## HOW TO ARRIVE AT THE CPMA – LAUSANNE

### Public Transport

- Bus: **bus stop Cecil** on line 3 (Train station, CFF – Bellevaux) on line 6 (Maladière – Sallaz) on line 21 (Train station, CFF – Blécherette).
- Métro: M1, **Vigie station** M2, **Flon station**.

### – Train: railway station in Lausanne

- then bus lines 3 or 21, stop Cecil or Metro M2, Flon station then M1, Vigie station.

### Parking spaces

- Nearest parking garage: **Parking du Centre**, main car entrance on the Rue de Genève.



### CPMA Centre for Medically Assisted Procreation and gynecological endocrinology

Rue de la Vigie 5  
CH-1003 Lausanne  
cpma@cpma.ch

[www.cpma.ch](http://www.cpma.ch)

CPMA T +41 21 321 15 80 F +41 21 321 15 81

### Andrology – Urology

T +41 21 343 51 55 F +41 21 321 15 81

### Laboratory of Reproductive Biology

T +41 21 343 51 60 F +41 21 343 51 61 lbr@cpma.ch

**Fertas** T +41 21 343 51 51 F +41 21 343 51 59

**Foundation F.A.B.E.R.** T +41 21 343 51 50



**hirslanden**  
Clinique Cecil

## MEDICALLY ASSISTED PROCREATION AN ART OF LIFE



The Centre for Medically Assisted Procreation proposes the ensemble of techniques aiming to help subfertile couples conceive a child.

## OUR FULL ATTENTION

Our multidisciplinary team consists of about forty collaborators. When consulting the Centre for Medically Assisted Procreation (CPMA), your questions concerning fertility will receive the full attention of each member of our team:

- **The gynecologists** (specialized in reproductive medicine and gynecological endocrinology) and **the urologist** (specialized in andrology and sexology) will help you to better understand your situation. The medical care begins with a thorough discussion and the appropriate investigations. Your medical diagnosis, a prognosis concerning your chances to have a child, and a treatment proposal will be outlined. Your physicians will explain the procedures and will follow you for the entire period of the treatment.

- **The biologists** play an essential role in the elaboration of the diagnosis and the determination of the therapeutic choice, in synergy with the physicians. They take care of your oocytes and spermatozoa. After in vitro fertilization, they check the correct development of your zygotes and embryos.

- **The specialist in psychosomatic medicine or the counsellor** meet with couples in order to talk over the emotional implications of infertility treatment and the psychological resources which could help, if need be. They remain at your disposition throughout and after the procedures.

- **The child psychiatrist** receives couples wishing to reflect on the integration of their fertility problems in their personal histories or on questions related to parenting.

- **The nurses and medical assistants** accompany you in the practical applications of the investigations and the treatment. They ensure the contacts between the different members of the team and yourselves.

- **The secretaries** are responsible for the administrative tasks.



## MEDICAL AND TECHNICAL EQUIPMENT

All the equipment necessary for the practice of medically assisted procreation techniques is concentrated in one location, where you will find:

- the offices for the medical and psychological consultations
- the examination rooms for the gynecological and urological investigations
- the operating room and recovery room, with a team of experienced anesthesiologists and nurses
- the Laboratory of Reproductive Biology, which has the complete necessary equipment to take care of gametes and embryos and to preserve them.

A separate laboratory is equipped for the treatment of potentially infected biological material.

The convenient layout of the premises allows for optimal working conditions and communication facilities for directly exchanging medical information amongst all the multidisciplinary team members. In this manner, each step of the investigations and treatment procedures is optimized.



## EXPERIENCE

More than twenty-five years of professional collaboration lie behind the concept of care which is applied in the CPMA for subfertile couples.

Our efforts are principally devoted to the transparency of relations and to a framework of care specifically adapted to each patient. The concern for quality improvement is ensured through continuous certification and accreditation procedures (Quality Assurance).

## RESEARCH

Clinical research has been ongoing for many years, also in collaboration with the F.A.B.E.R. Foundation (Fondation pour l'Andrologie, la Biologie et l'Endocrinologie de la Reproduction). This allows us to extend our knowledge of the origins of subfertility and to further improve the proposed treatments.

## OUR PHILOSOPHY

We ensure global and personalized care for subfertile couples, which means that the medical, biological, technical, psychological and ethical aspects are taken into account.

A concept of patient counselling through information, guidance and psychological support has been developed for each phase of treatment.

